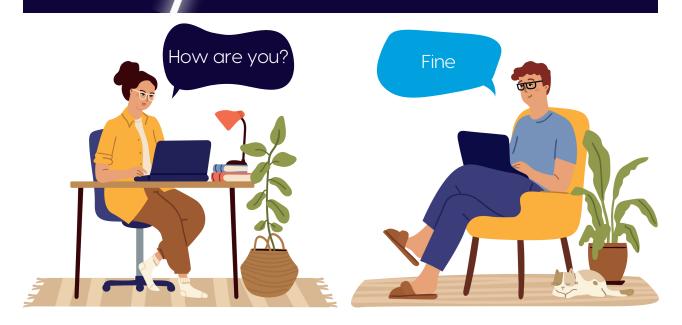


## NOTICE A CHANGE IN A COLLEAGUE?



We often spot poor mental health in others before they do. We all have a duty of care to be vigilant.

## **BE NICE ASK TWICE**

